



ORFF WITH MR. S

EXCLUSIVE ACCESS MATERIAL FROM
MATTHEW STENSRUD

Distance Learning Lesson --- 3rd Grade --- Day 1

Lesson Link: https://youtu.be/H_IJUG8IZk

Song: “Harriet Tubman” by Walter Robinson and featured on [A Song in My Heart](#) by Peter and Mary Alice Amidon. You can find a choral version [here](#). You can also find a recording on the Amidon’s website [here](#). I enjoy playing along with the tubano, but you can simply sing as well.

Dance Party: [“Can’t Stop the Feeling”](#) by Justin Timberlake, can be found on [Trolls, Original Motion Picture Soundtrack](#).

Activity: “Pease Porridge Hot”, a simple English nursery rhyme, on the recorder.

- Now it’s time for some recorder!
- Echo me:
 - Pease porridge hot (ta ta-ti ta rest)
 - Pease porridge cold (ta ta-ti ta rest)
 - Pease porridge in the pot (ta ta-ti ta-ti ta)
 - Nine days old (ta ta ta rest)
- Let’s say the poem together (*add hand drum*)
- What if we could pat the beat?
- What if we could add a snap in every rest? How many rests are there? (*three*)
- What if we could do the pattern without the words?
- Recorders ready, left hand on top (*teacher can mirror to help students*)
- Let’s start with A.
- *Teacher plays echo patterns on A.*
- Now let’s try C.
- *Teacher plays echo patterns on C.*
- What if I say the letters and you echo and move the fingers?
- *Teacher says and moves fingers to echo patterns.*
- What if can play and you echo?
- *Teacher plays echo patterns on C and A, specifically the patterns to the rhyme.*
- Let’s play the whole song, try it with me.
 - C C-C A rest
 - C C-C A rest

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- C C-C A-A A
- C C A rest
- *Repeat this a few times.*
- Can you play the song while I play the drum?
- *Repeat this a few times.*
- What if the first two lines could stay the same but the third and fourth line could change? Here's an example:
 - C C-C A
 - C C-C A
 - **G G-G G-G G**
 - **A A A**
- *Repeat this a few times – with letter names, with the drum, etc.*
- What if you could make your own ending using C, A, and G?

Learning Extension: What if you could compose your own ending to “Pease Porridge Hot”? Explore C, A, and G and come up with a way you like. Don’t make it too complicated! Record yourself playing the song as well so we can hear! [Click here to access the Seesaw Activity link.](#)